



# International Master's Degree Programme in Health and Wellbeing in the Circumpolar Area (MCH)

## Status of the MCH program

- First eleven students started in Jan 2009
- one graduated in Dec 2010, five will be in spring 2011
- the second set (12 students) started in Jan 2011
- Coordinator: Centre for Arctic Medicine at Thule Institute, & Institute of Health Sciences, University of Oulu, Finland
- Partner universities and institutions:
  - Univ of Lapland, Finland (possible take own students)
  - Luleå Univ of Technology, Sweden
  - Northern State Medical Univ, Russia
  - Pomor State Univ, Russia
  - Univ of Manitoba, Canada
  - Univ of Southern Denmark, Denmark
  - Center for Health Education, Greenland

## Curriculum outline

- **Basic studies (40 ECTS/20 NA, on-line courses)**
  - Health, Security and Wellbeing in the North (6 ECTS), U Oulu & U Luleå, NSMU, ULapland, Greenland
  - Conflict, Politics and Ethnicity (7.5 ECTS) Univ Luleå
  - Health Impacts of Climate Change (4 ECTS) Oulu, Tromso, Kuopio,
  - Comparative Approach to Health and Wellbeing among Northern Populations (6 ECTS) Univ Manitoba & Univ Lapland
  - Health Promotion (7.5 ECTS) Univ Southern Denmark
  - Basics in eHealth (5 ECTS) Univ Oulu
- **In-depth studies (50 ECTS/25 NA)**
  - Research methodology and ethics (15-20 ECTS)
  - Profession-specific applied studies (20-35 ECTS)
  - Field placement (10-15 ECTS, optional)
- **Master's thesis (30 ECTS/15 NA)**



## In-depth studies/Tracks

1. Climate change
2. Indigenous issues
3. Societal issues - Public Health
4. Rehabilitation (Univ Lapland)



## Collaboration with CSW programme

- Courses provided to both MCH and CSW students
  - Health, Security and Wellbeing in the North (6 ETCS)
  - Comparative Approach to Health and Wellbeing among Northern Populations (6 ETCS)
  - Basics in eHealth (5 ETCS)
  - In the future may be more on-line courses available
- Joint courses/summer schools

## Collaboration with University of Arctic

- Health, Security and Wellbeing in the North is open for students of Univ Arctic (Global change Network)
- Arctic Medicine TN



## Collaboration with other networks/programs

- Summer schools for PhD and Masters arranged together with International Network for Circumpolar Health Research (INCHR) and Public Health Master Program in Univ Alaska (Anchorage) and Master and PhD Program of Toxicology, May 2010 Copenhagen, June 2011 Oulu (13.-17.6.2011), August 2012 Fairbanks
- Winter schools: People in a changing world (Nordforsk), Oulu November 2010, Kautakeino 2011 and Abisko 2012 for PhD and Master students
- Joint courses: Scientific writing, Oulu September 2011, Nordic Public Health School (Gothenberg)



## Agreements/CBU

- Implementation of MCH (ready for circulation)
- No new partners - but close collaboration (e.g. Univ Tromso, Univ Alberta, Univ Alaska) and CBU universities in Finland and Russia

*Congratulations Anastasia !*

