



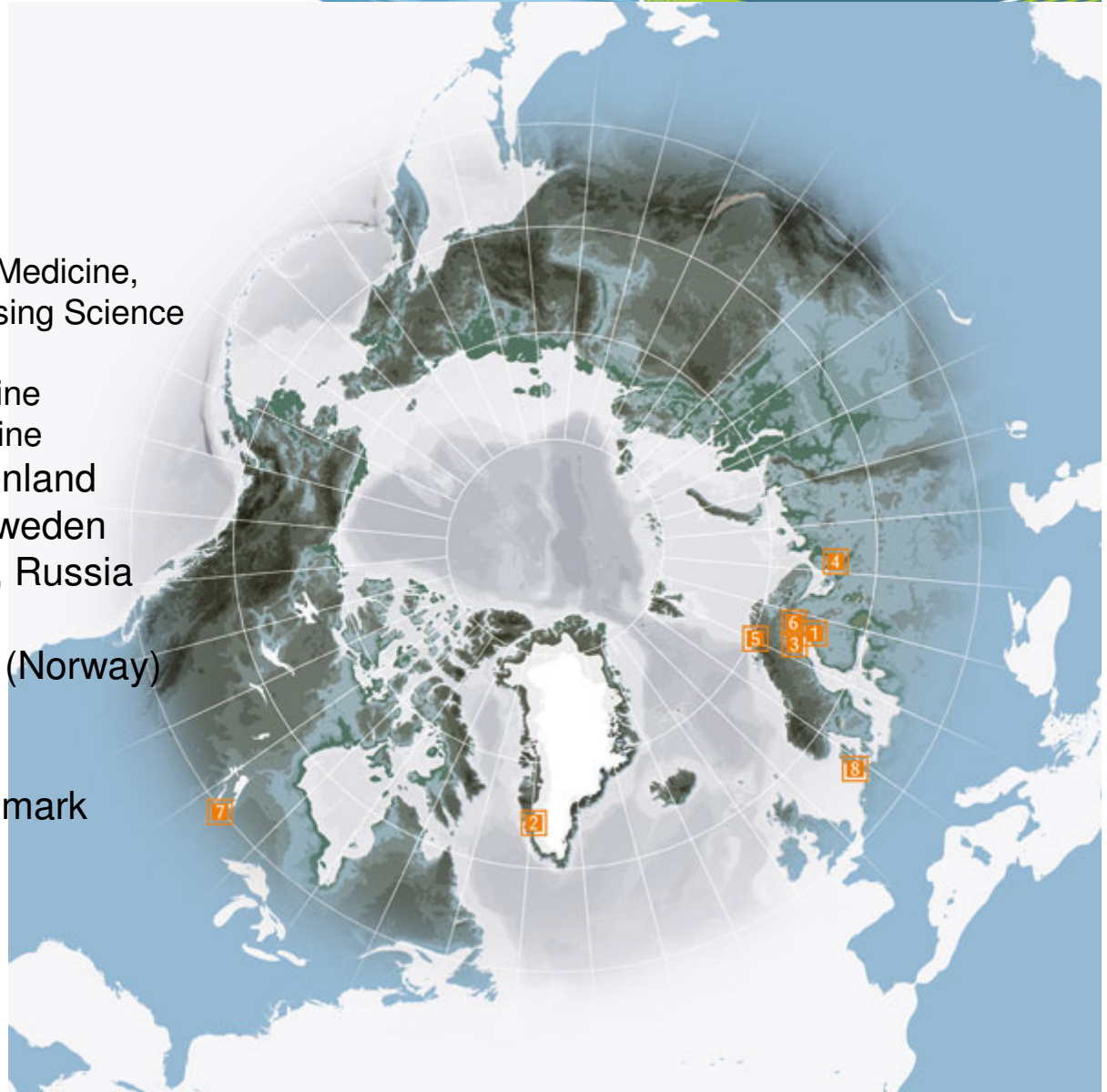
# Joint Master's program in Circumpolar Health and Wellbeing

Centre for Arctic Medicine, Thule Institute  
University of Oulu

<http://arctichealth oulu.fi>

## Partners

1. University of Oulu (coordinator):  
Thule Institute, Centre for Arctic Medicine,  
Faculty of Medicine, Dept of Nursing Science  
and Health Administration  
ABTY Finnish Society for Arctic Medicine  
NSAM Nordic Society for Arctic Medicine
2. Center for Health Education, Greenland
3. Luleå University of Technology, Sweden
4. Northern State Medical University, Russia  
Pomor State University, Russia
5. NORUT Social Science Research (Norway)
6. University of Lapland, Finland
7. University of Manitoba, Canada
8. University of South Denmark, Denmark



## Master's Program in Circumpolar Health and Wellbeing

- Is a multidisciplinary two-year program (120 ECTS/60NA credits including theses) approaching circumpolar health and wellbeing as a holistic phenomenon
- Focus is to provide the graduates with knowledge and skills in the field of health care and wellbeing in Northern environment
- Studies contain an exchange period at one of the partner universities
- Program is open to students with Bachelor's Degree in health or social sciences (or equivalent)

## Core topics of MCH

- Specific characters of living in a northern environment/ circumpolar conditions
- Special characters of health, wellbeing, socio-economic and cultural transitions, and experiences of health, illness and wellbeing of northern residents and northern cultures
- Special needs of people living in the circumpolar region; health promotion, disease prevention, care and rehabilitation, health care systems / services
- Connection between the northern environment and human health and wellbeing



## Curriculum outline (120 ECTS/60 NA credits including theses)

### **1. Circumpolar Health & Wellbeing Package 40 ECTS** (compulsory)

- On-line courses in Circumpolar Health & Wellbeing
- Introduction and Orientation to Master's program
- Seminars I and II

### **2. Theoretical studies 15-20 ECTS** (selective courses, on-site and/or on-line)

- Courses in Philosophy of Science (quantitative, qualitative)
- Research Methodology
- Research Ethics

## Curriculum cont'

3. **Applied studies 5-45 ECTS** (selective courses, on-site and/or on-line)
  - Profession-specific studies in Health Promotion / Prevention/ Care / Rehabilitation
  - Courses in Project Methodology
4. **Field placement 10-15 ECTS** (optional)
5. **Thesis and thesis seminars 20-40 ECTS** (compulsory)

Compulsory exchange period

First intake in spring 2008 > pilot delivery starts in fall 2008

## On-line courses (40 ECTS/20 NA Credits)

- Health, security and wellbeing in the North (6 ECTS/3 NA)
- Health impacts of climate change (6 ECTS/3 NA)
- Conflicts, politics and ethnicity (6-7,5 ECTS/3-4 NA)
- Comparative Research in Welfare (6ECTS/3 NA)
- Health promotion (6 ECTS/3 NA)
- eHealth (6 ECTS/3 NA)

## Collaboration methods and working groups

- On-site and on-line meetings and workshops
- Web-based working platform
  - Discendum Optima, <https://optima.oulu.fi/>
- Steering committee
- Local coordinators
- Local tutors



## Thematic connections

- University of the Arctic (UArctic) <http://www.uarctic.org/>
  - Thematic Network on Arctic Medicine
- International Polar Year 2007-08 <http://www.ipy.org/>
  - IPY Proposal of the Circumpolar Health and Wellbeing
- Finnish-Russian Barents Cross Border University (CBU) <http://bcbu oulu.fi/index.htm>
- Graduate School of Circumpolar Wellbeing, Health and Adaptation <http://arctichealth oulu.fi/suomi/tutkijakoulu.html>

## Next steps

- Finalizing the joint on-line courses
  - Optima platform
  - on-line meetings
  - next face to face meeting in Jan 14-15, 08
- Agreements on practical issues
- Promotion and first call open in January 2008, deadline March 31, 08
- Student selection finalized by the end of April
- First introductory course in late August (incl. on-site seminar + student presentations)

## Contacts

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<http://arctichealth.oulu.fi/suomi/maisterikoulu.html>

