



Joint Master's degree program in Circumpolar Health and Wellbeing

<http://arctichealth oulu.fi>

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UNIVERSITY of OULU

Partners

University of Oulu (coordinator):
 Faculty of Medicine, Dept of Health Sciences
 Thule Institute, Centre for Arctic Medicine

Luleå University of Technology, Sweden
Northern State Medical University, Russia
Pomor State University, Russia
University of Lapland, Finland
University of Manitoba, Canada
University of South Denmark, Denmark
Center for Health Education, Greenland
NORUT Social Science Research, Norway

ABTY Finnish Society for Arctic Medicine
 NSAM Nordic Society for Arctic Medicine

Core topics of MCH

- Specific character of living in a northern environment/ circumpolar conditions, connection of environment and human health and wellbeing
- Special characters of health, wellbeing, socio-economic and cultural transitions, and experiences of health, illness and wellbeing of northern residents and northern cultures
- Special needs of people living in the circumpolar region; promotion, prevention, care and rehabilitation, health care systems / services
- Close connection to research (Master's thesis)



Curriculum outline (120 ECTS/60 NA credits)

1. Circumpolar Health & Wellbeing Package 40 ECTS (compulsory)

- On-line courses in Circumpolar Health & Wellbeing
- Introduction and Orientation to Master's program
- Seminars I and II, summer schools

2. Theoretical studies 15-20 ECTS (selective courses, on-site and/or on-line)

- Courses in Philosophy of Science (quantitative, qualitative)
- Research Methodology
- Research Ethics



3. Applied studies 5-45 ECTS (elective courses, on-site and/or on-line)

- Profession-specific studies in Promotion / Prevention/ Care / Rehabilitation
- Courses in Project Methodology

4. Field placement 10-15 ECTS (optional)

5. Thesis and thesis seminars 30 ECTS (compulsory)

Compulsory exchange period (min 3 months)

First intake in spring 2008 > pilot delivery starts in Jan 2009



On-line courses

- *Health, security and wellbeing in the North (6 ECTS, Oulu, NSMU, Lulea and Center for Health Education in Greenland)*
- *eHealth (5 ECTS, Oulu)*
- *Comparative Approach to Welfare and Social Work and Health among Northern Populations: European and Canadian Perspectives (6 ECTS, Manitoba & Lapland)*
 - *PART A: Comparative Social Work and Welfare, European perspective*
 - *PART B: Social Work and Health among Northern Populations: Canadian Perspectives*
- *Environmental health (5 ECTS, Oulu)*
- *Conflict, politics and ethnicity (7,5 ECTS, Luleå)*
- *Health promotion (7,5 ECTS, Southern Denmark)*



Collaboration methods and working groups

- On-site and on-line meetings and workshops
- Web-based working platform
 - Discendum Optima, <https://optima.oulu.fi/>
- Steering committee
- Local coordinators
- Local tutors
- Next meeting in Copenhagen 7.-8.11.



Thematic connections

- University of the Arctic (UArctic) <http://www.uarctic.org/>
 - Thematic Network on Arctic Medicine
- International Polar Year 2007-08 <http://www.ipy.org/>
 - IPY Proposal of the Circumpolar Health and Wellbeing
- PhD Graduate School of DYNAMÉ
<http://arctichealth.oulu.fi/suomi/tutkijakoulu.html>
- Research projects

