



Master's programme in Circumpolar Health and Well-being

Centre for Arctic Medicine, Thule Institute
University of Oulu

<http://arctichealth.oulu.fi>

Master's Programme in Circumpolar Health and Well-being

- Is a cross-disciplinary two-year programme (120 ECTS) approaching circumpolar health and well-being as a holistic phenomenon
- Is focused to provide the graduates with knowledge and skills in the field of health care and well-being in Northern environment
- Studies contain an exchange period abroad at one of the CirNet member universities
- Programme is open to students with Bachelor's Degree in health or social sciences (or equivalent)

International Master Programme for Circumpolar Health and Wellbeing

- University of Oulu (network coordinator): Thule Institute, Centre for Arctic Medicine, Faculty of Medicine, Dept of Nursing Science and Health Administration
- Northern State Medical University, Russia
- University of Lapland, Finland

- University of Manitoba, Canada
- Luleå University of Technology, Sweden
- Pomor State University, Russia
- Center for Health Education, Greenland/University of South Denmark, Denmark
- ABTY Finnish Society for Arctic Medicine
- NSAM Nordic Society for Arctic Medicine
- NORUT Social Science Research Ltd. (Norja)

- First intake in spring 2008
- Connected to Northern Cross Border University, University of Arctic (Arctic Medicine) and International Polar Year (IPY)

Core topics of MCH

- Specific character of living in a northern environment/ circumpolar conditions
- Special characters of health, well-being, socio-economic and cultural transitions, and experiences of health, illness and well-being of northern residents and northern cultures
- Special needs of people living in the circumpolar region; promotion, prevention, care and rehabilitation, health care systems / services
- Connection between the northern environment and human health and well-being

Curriculum outline 120 ECTS

Circumpolar Health & Well-being Package 40 ECTS

- On-line courses in Circumpolar Health & Well-being
- Orientation to Master's programme
- Seminars I and II

Theoretical studies 20 ECTS

- Courses in Philosophy of Science (quantitative, qualitative), Research Methodology and Research Ethics

Applied studies 5-30 ECTS

- Profession-specific studies in Promotion / Prevention/ Care / Rehabilitation
- Courses in Project Methodology
- Field placement

- **Thesis and thesis seminars 20-40 ECTS**

CirNet Management

- CirNet Director & Coordinator (Univ Oulu)
- Steering committee (7 members)
- Working group (7 members)
- Next meetings:
 - Working group: 23.-24.5., 10.6. and 20.-21.9.2007
 - Steering committee: 20.-21.9.2007

Thank you!